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Route training

13.04.2006 -

On 21 April begins for Mandy Liebscher the adventure "180 miles by Texas". The Glashuetterin, which studies at present in San Francisco, participates in the "ms 150"-Fahrradtour von Houston after Austin. This wants to collect donations for the research to multiple Sklerose. "I already reached 60 per cent of my 1,000 euro a donation goal. Many Dabnk to all, which support, wrote me "them us. Their cousin as well as the father of their friend suffer the route under multiple Sklerose, the latters ride along nevertheless.

Also to two a times Cycling instruction in the Fitnessstudio and smaller bicycle routes prepares the 25-year old for the giant route. "the California weather did not invite straight last to wheel trips. There I in the last days a 'hard core training 'to probably complete, around the 180 miles to project ", reports it. We press it the thumbs.

www.executiveranch.net/ms150/2006/brokebike_de.html